



SEX AND RELATIONSHIP EDUCATION POLICY

Rationale:

Young people should be encouraged to develop responsible attitudes and appropriate behaviour towards sex and positive relationships. As a school, we have a responsibility to ensure that we are providing our students with the best possible education about sexual health.

Adolescence is a period when young people need a supportive framework to help them to reflect upon their physical, emotional and intellectual development.

Sex education is an entitlement for all students and an integral part of their transition into adulthood.

"The Secretary of State for Education confirms the Government's ambition to support all young people to stay safe and prepare for life in modern Britain by making Relationships Education (Primary), Relationships and Sex Education (RSE - Secondary) and, subject to the outcome of a thorough consideration of the subject, Personal, Social, Health and Economic Education (PSHE - both) statutory in all schools." DfE 2017

Aims:

- To provide accurate information and education on a wide variety of aspects of sexual awareness and development.
- To increase knowledge and understanding of how the human body works, grows and develops.
- To provide an environment that encourages students to be aware of and sensitive to, their own relationships and those of others (Thinking School).
- To encourage the acquisition of skills and attitudes to enable students to make informed decisions and manage their lives in a responsible and healthy way.
- To encourage the exploration and clarification of personal values and attitudes.
- To encourage and promote the establishment of stable and responsible relationships and partnerships.
- To develop self-esteem.
- To develop an awareness and understanding of how different cultures and religions view sexual development and sexuality in young people.
- To encourage the promotion of equality regardless of gender and sexual orientation.

Objectives (add relationship side of policy to the objectives):

- To organise a programme of sex education for all students.



- To ensure that staff delivering the programme are well trained and have an up-to-date knowledge and understanding of sex and relationship-related issues.
- To provide quality literature to students for them to keep for reference and take home to discuss with their parents/carers.
- To develop personal and social skills that will enable students to deal with peer group pressures in a responsible manner.
- To ensure that all students are aware of confidential sources where they may go for help and advice.

Strategies:

Planned delivery of the sex education programme will be delivered through the CRE curriculum and will aim to provide:

- Knowledge, skills and attitudes to encourage responsible behaviour and a healthy lifestyle.
- Information that provides accurate and up-to-date coverage of the risks and legal aspects relating to sex.

Opportunities for students to enhance their own self-esteem by developing their abilities to:

- Communicate in an assertive manner.
- Identify risks and take responsible decisions.
- Help and support others.

The Head of Humanities Faculty will be responsible for overall planning, implementation and review of the programme in liaison with the Heads of Science.

The programme will be taught by staff who:

- Feel comfortable with the subject matter.
- Have been trained appropriately.

Redden Court School will endeavour to ensure that it has the latest information with regards to sexual health and how this will impact upon all stakeholders.

In line with national guidance parent/carers still have the right to request that their child is excused from lessons of this nature.

"We have committed to a retain parents' right to withdraw their child from sex education within RSE (other than sex education in the National Curriculum as part of science)6, as currently, but not from relationships education at primary. This is because parents should have the right to teach this themselves in a way which is consistent with their values." DfE 2017



Review:

This policy will be reviewed every two years and amended as necessary.

Date of this policy: February 2016

Date of last review: March 2017

Next review date: March 2019

Reviewed by: Mr A Henry, Assistant Head (Pastoral)

Signature of Head Teacher:.....

Date: 

Signature of Chair of Governors:.....

Date: 

